



WSYSA District 1

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Member Associations: North County, Seattle, Skagit, South Snohomish County, Whatcom County, Whidbey Island

DISCIPLINARY DETERMINATION AND NOTIFICATION

Match/Event Date: _____ League/Event: _____

Player/Coach: _____ Gender/Age: ___U-___ Team Name: _____

Opposing Team: _____

The District 1 Disciplinary committee has reviewed your misconduct report on _____.
You were ___were not ___ present during this hearing. It is the decision of this committee that:

- ___ You must sit out ___ game (s) commencing with your next regularly scheduled game (instructions below).
- ___ Per District 1 Rule 2.4 and WSYSA Rule 213.2 (f) (WSYSA Rule 305.18 (c) for WSPL/WSYDL/CYL) you have accumulated yellow cards; therefore you must sit out your next regularly scheduled match (instructions below).
- ___ The Disciplinary Committee has reviewed your misconduct report. The substance of the referee report was not entirely upheld and the Red ___ Yellow ___ card is reduced to a yellow ___ or canceled ___.

_____ District I / Event Disciplinary Chair

Game Date	Referee Name (print) .	Referee Signature	League/Event
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____

SIT-OUT INSTRUCTIONS

- a) **This sit-out sheet is to be signed and dated by the referee(s) for the game(s) you have been instructed to sit out.** You or your coach shall present this form to the Referee prior to the beginning of game and have him/her complete the required entry at the bottom of this form for each game you sit out. You are not required to attend the game, and may have your coach/manager obtain the necessary signature(s).
- b) When complete, **make a copy and mail the original** to the District I office at the above address. The office must receive this form within ten (10) calendar days of the last game you sat out. If the completed form is not received in the prescribed time you may again become ineligible to compete in any scheduled match. If you do compete, both you and your coach will be considered in violation of District 1 Rule 2.5 (WSYSA 305.21 for WSPL/WSYDL/CYL) and may be suspended. Please take care of this form and return it promptly!!
- c) You may attend games you are sitting out, **but** you are to **wear street clothes** rather than your uniform, warm-up or other identifying item to your team. You **may not participate** in the pre- or post game activities, including warming up team players or the post game handshake. Coaches may not participate with the team in any manner whatsoever, including talking to players or even cheering on the team.

RIGHT OF APPEAL

Appeal of rulings awarded by this Disciplinary Committee can be directed to WSYSA, 500 S. 336th St. #100, Federal Way 98003 (253) 838-1861. **All appeals must be in writing** and accompanied by a fee of fifty dollars (\$50) in either a cashier's check or money order made payable to WSYSA **within forty-eight (48) hours** of notification of said decision. An appeal does not have the effect of "staying" the above decision. **This sanction remains in force pending the result of the appeal.**

Signature/Date Received